



SMART SEXY



Chris Hemsworth



Gerard Butler



Hugh Jackman



Channing Tatum

When thinking about who fits the category of Sexiest Man Alive people like delicious dad Chris Hemsworth, hunky Hugh Jackman, cheeky Channing Tatum and hot-blooded Gerard Butler come to mind. Why?

Well, a groomed, fit body is a head turner but there's more to it than just a beach body and clear, glowing skin. It's also about a healthy outlook on life. A man who is intelligent enough to care about his health and appearance is automatically more attractive than a man who doesn't.

To be a happy, sexy human you need to have 60 trillion healthy, cleansed and nutritionally supported cells in your body – simple! Today, there's much you can do to address the root causes of ageing and deterioration and support these cells. Sexy is in your DNA and it can be maintained and improved intelligently.

THE JAWLINE

Celebrities or models who are considered handsome all present with a strong, masculine

jawline. A growing number of men are opting for non-surgical jawline restoration. With the use of SubQ or Radiesse to instantly reshape, and Sculptra to slowly regrow and tighten, a structured, angular jawline can be achieved. There's nothing sexier.

THE CHIN

Along with the angular jawline, the chin is one of the stronger features of the male face. Unfortunately, not all men are born with a strong chin and here, non-surgical treatments can be employed create a more prominent, masculine chin with the use of dermal filler or even anti-wrinkle injections to smooth out any creases or sleep lines that have been etched through time – a great way to get your confidence and your sexy back!

THE T-BROW

This feature gets its name from the strength of the straight, male nose intersecting with the straight, flat brow, and alludes to the power of

the Neanderthal hunter! With age, the male brow can start to droop at the edges but with the use of Restylane or Perlane on the outer corners the strength of projection can be restored.

ORBITAL RIMS

Hollowness around the eyes can be caused by hereditary factors or it can be a sign of ageing. Either way it can make us look tired. This area of the eye can be refreshed with a non-surgical product called Perlane to that can fill hollows, giving an instant result. It's a simple procedure that can take years off and give the face a refreshed, rested and more youthful appearance. It's instant sex appeal.

Editor's note: If considering a cosmetic procedure, do your research and speak to several practitioners. Nicki Belle is the founder of Face Today Mediclinics. If you have any questions about the procedure discussed in this article Nicki welcomes your inquiries. Go to facetoday.com.au.